

Guide to Day Surgery

Our clinic has two operation rooms and a recovery room, and in April 2016 we started offering a day surgery service for patients. Available procedures include removing benign mammary gland tumors, treating early-stage uterine cervix cancer and varicose veins in the lower limbs, inserting a CV port (central venous catheter), performing a prostate biopsy, and surgery to remove haemorrhoids.

Merits of Day Surgery at Kawasaki Sawai Clinic

Requires less time and advance preparation

- When you undergo day surgery at our Clinic, you can return home on the day of the procedure (after the follow-up period has passed). This means you don't need to worry about preparing for hospital admission or making arrangements with your family, etc.

Reduces medical fees

- The medical fees are less for day surgery, as hospitalization is not required.

Alleviates physical and emotional stress

- Day surgery procedures are designed to have a minimal physical burden, which helps you smoothly return to normal everyday life.

Pre-and post-operative support

- Special day surgery nurses will guide you through the pre-and post-operative procedures, and offer support for any questions or concerns you may have about the surgery.

Flow of Day Surgery Procedures

[Before the surgery]

1. Outpatient consultation

- Your consulting doctor will review your examination results, and then determine the appropriate treatment.
- You will be asked for your consent before performing surgery.



Operation Room

2. Meeting with the special day surgery nurse
- *You will need to undergo a pre-examination if you will receive general anesthesia for the surgery (prior to the anesthesia being administered).



Recovery Room

[Day of the operation]

1. Anesthesia is administered and surgery performed in the operation room
 - Please go to the Level 3 reception of the Clinic on the day of your surgery.
 - You will receive anesthesia and undergo surgery in the operation room.



Level 3 Reception for the Operation Room

2. Recovery and rest

- After the surgery, you will be given time to recover and rest in the recovery room.
- The doctor will give you a post-operative examination to check how you are doing.

3. Orientation

- The special day surgery nurse will guide you through the procedures for leaving the Clinic after your surgery.

4. Discharge

- You are free to leave the Clinic once you have settled the bill for the surgery.
- The bill can be settled during the recover and rest time, so you don't need to wait during the discharge process.

[Day after the surgery]

The special day surgery nurse will call you to check on your condition after the surgery (usually on the day of the surgery or the following day).

- The nurse will check to see if you are in pain or bleeding etc., and ask some specific questions about how you are feeling, as well as offer advice to help you recover well.

[Several days after the surgery]

Return to work (school)

- Some patients are able to return to work or school the day after their surgery.

Our coordinator nurses are there for your peace of mind

We have special day surgery coordinator nurses that provide total pre- and post-operative support by meeting with you before your surgery and looking after you on the day of your surgery (to assist you with preparing for and recovering from the procedure). These nurses also call you after the surgery to make sure you are feeling ok, and answer any questions or concerns you may have. We've received positive feedback from many patients about how the care provided by our special day surgery nurses is reassuring, and makes them feel like they are not alone during the whole surgery process.

Pre-and post-operative orientation

- Informs you of the factors that qualify you for day surgery
- Establishes a relationship of trust with you
- Explains all the precautions for the surgery
- Alleviates your concerns about the surgery

Pre-operative/Recovery Room

Checking your vital signs before and after the surgery

Observing the state of your body's circulation

Managing the oxygen/IV drip you are receiving

Guiding you through the discharge procedures

Post-operative check up by telephone

- Checking to see if you are taking proper care of yourself
- Making sure you are able to return to your normal life without any major

concerns

- Confirming your awareness of the precautions you must take until the day of

your post-operative check up

- Letting you know it's ok to contact the doctor (as soon as possible) if you notice

any change in your condition